





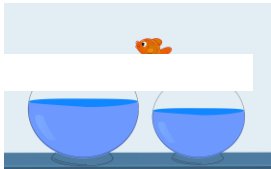
Brough Primary School – Progression in PSHE KS2



	Phase 3 Year 3 and 4	Phase 4 Year 5 and 6
<p>Friendship</p> 	<ul style="list-style-type: none"> • Children learn about growing up and growing apart, learning how to deal with changing friendships. • As children get older their independence grows and children have more freedom when playing out. 	<ul style="list-style-type: none"> • Children start to learn about relationships, the differences between boys and girls. • They continue to learn about bullying, and how to handle peer pressure. They learn to recognise and challenge stereotypes. • Children learn about being friends online and social media and the challenges that this brings.
<p>Respect</p> 	<ul style="list-style-type: none"> • Children learn to respect and appreciate the differences with each other e.g. appearance. • Children learn about respect for boundaries used by adults to keep them safe. 	<ul style="list-style-type: none"> • Children learn about self-respect and about being confident in their own choices, values, beliefs etc. (Peer approval) • Children learn about respect for others beliefs and opinions.


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<p>Perseverance</p> 	<ul style="list-style-type: none"> • Children learn to celebrate perseverance out of school with talents and skills E.g. dance, football. • Children learn about overcoming difficulties and persevering when things get hard. 	<ul style="list-style-type: none"> • Children learn from experiences gained and celebrate their own strengths. • Children are learning about Self-motivation. How can I motivate myself?
<p>Diversity</p> 	<ul style="list-style-type: none"> • Children learn more about disability. What is life like in a wheelchair? What if you are blind or deaf? • Children learn what it is like to grow up as a child in India? (Rural/urban, rich/poor) 	<ul style="list-style-type: none"> • Children learn about resolving conflict when differences are not respected. e.g. race or religion. • Children learn about human rights – What are our basic rights? Look at examples of this not working. e.g. dictatorship.
<p>Challenge</p> 	<ul style="list-style-type: none"> • Children learn not to compare yourself to others, rather try and be your best self. • Children learn about achieving success when the odds are against you. Look at examples of people setting themselves challenges against all odds. e.g. Paralympics 	<ul style="list-style-type: none"> • Children learn the importance of reaching for the stars. Begin to discuss career options and challenges that need to be overcome to get there. e.g. university. • Children learn about working out of your comfort zone. e.g. Robin Wood.

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<p>Resilience</p> 	<ul style="list-style-type: none">• Children consider that mistakes form an important part of the learning process.• They explore how to break issues down into small, achievable goals.• They feel comfortable and confident to ask for help.• They learn to recognise conflicting emotions and develop awareness of when/how to overcome these.• Develop strategies for getting support for themselves	<ul style="list-style-type: none">• Children learn about a growth mindset and how it can help when working towards goals or facing challenges.• They learn from their experiences.• Children recognise when they need to ask for help.• They use simple strategies for managing feelings.• Work collaboratively towards shared goals.• They have the ability to absorb media images without feeling pressure to conform. e.g. body image.• Risk-taking. Taking sensible risks and understanding the difference between risk, danger and hazard.