

Subject: PSHE/RSE Year Group: Year 1/2		Area of learning: Me and My Relationships
Links to previous work/Remember when	• T • S • T • Li • T	alk about their own interests. alk about their families. hare their favourite interests and objects. alk about themselves positively. isten to what others say and respond. alk about how they are the same or different to others. alk about the important people in their lives. Inderstand that we have different special people.
	 N T N D E Ic 	ame key people outside of families that care for them. alk about when they might feel unsafe or unhappy. ame the people who will help them. otice when a friend is in need at school and help them. escribe different emotions. xplore how we feel at certain times or events. dentify ways to change feelings and calm down.
Term	Year 1/2	Key Skills to be taught
Autumn 2021 What the children should know at the end of this series of lessons		 Suggest actions that will contribute positively to the life of the classroom; Make and undertake pledges based on those actions. Use a range of words to describe feelings; Recognise that people have different ways of expressing their feelings; Identify helpful ways of responding to other's feelings. The conventions of courtesy and manners. Define what is meant by the terms 'bullying' and 'teasing' showing an understanding of the difference between the two; Identify situations as to whether they are incidents of teasing or bullying. Understand and describe strategies for dealing with bullying: Rehearse and demonstrate some of these strategies. Explain the difference between bullying and isolated unkind behaviour; Recognise that that there are different types of bullying and unkind behaviour; Understand that bullying and unkind behaviour are both unacceptable ways of behaving. Recognise that friendship is a special kind of relationship; Identify some of the ways that good friends care for each other.

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Recognise, name and understand how to deal with
feelings (e.g.anger, loneliness);
Explain where someone could get help if they were help if they were help if they were
being upset by someone else's behaviour.

Vocabulary

• happy, safe, caring, friendly, rules, feelings, showing feelings, help, bullying, teasing, repeated, regular, friendly, friendship.

Sequence of learning	Objectives and suggested details provided by the subject leader.
1	 i). Our ideal Classroom - part 1 Suggest actions that will contribute positively to the life of the classroom; Make and undertake pledges based on those actions. https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-ideal-
	classroom - part 2
	Take part in creating and agreeing classroom rules. https://www.coramlifeeducation.org.uk/scarf/lesson-plans/our-ideal-classroom-2-1
2	 i). How are you feeling today? Use a range of words to describe feelings; Recognise that people have different ways of expressing their feelings; Identify helpful ways of responding to other's feelings.
	https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-are-you-feeling-today
3	 i). Bullying or Teasing? Define what is meant by the terms 'bullying' and 'teasing' showing an understanding of the difference between the two; Identify situations as to whether they are incidents of teasing or bullying.
	https://www.coramlifeeducation.org.uk/scarf/lesson-plans/bullying-or-teasing
4	 i) Don't do that! Understand and describe strategies for dealing with bullying: Rehearse and demonstrate some of these strategies.
	https://www.coramlifeeducation.org.uk/scarf/lesson-plans/dont-do-that ii) Types of Bullying

	 Explain the difference between bullying and isolated unkind behaviour; Recognise that that there are different types of bullying and unkind behaviour; Understand that bullying and unkind behaviour are both unacceptable ways of behaving. https://www.coramlifeeducation.org.uk/scarf/lesson-plans/types-of-bullying-
5	i) Being a good friend. Recognise that friendship is a special kind of relationship; Identify some of the ways that good friends care for each other. https://www.coramlifeeducation.org.uk/scarf/lesson-plans/being-a-good-friend-1
6	 i). Let's all be happy! Recognise, name and understand how to deal with feelings (e.g. anger, loneliness); Explain where someone could get help if they were being upset by someone else's behaviour. https://www.coramlifeeducation.org.uk/scarf/lesson-plans/lets-all-be-happy-1

Learning Outcome/product

The learning within 'Me and My Relationships' will not have one single identifiable outcome or product.

At the end of this unit the children will have a better understanding about feelings, emotions, bullying and friendships.

Assessment records	List only those children who have not achieved the expected outcomes.

Assessment records	List only those children who have exceeded the expected outcomes.



End of unit assessment question

Read the following scenario to the children:

Ash has lots of friends and likes going to school. But one day one of his friends, Sam, was in a bad mood. He was in trouble at home for falling out with his brother and sister. Sam told Ash's friends not to let Ash join in and not to be his friend any more. They were afraid of Sam, so they did what he told them. They left Ash out.

The next day at school, the same thing happened. Ash's friends didn't let him join in with their games at playtime. And the next day, it happened again.

Ask each child to write (an adult can scribe) how Ash might be feeling about being left out by his friends. Then ask the children to write some words about what a good friend does e.g. is kind.