

Brough Primary School – Curriculum Intention Plan 2021 - 2022



Subject: PSHE/RSHE		Area of learning: Being my Best	
Year Group: Year 6			
Links to previous work/ Remember when	<ul style="list-style-type: none"> ● Identify ways in which everyone is unique; ● Appreciate their own uniqueness; ● Recognise that there are times when they will make the same choices as their friends and times when they will choose differently. ● Give examples of choices they make for themselves and choices others make for them; ● Recognise that there are times when they will make the same choices as their friends and times when they will choose differently. ● Understand that the body gets energy from food, water and oxygen and that exercise and sleep are important to our health; ● Plan a menu which gives a healthy balance of foods from across the food groups on the Eatwell Guide. ● Understand the ways in which they can contribute to the care of the environment (using some or all of the seven Rs); ● Suggest ways the Seven Rs recycling methods can be applied to different scenarios. ● Understand how to make a clear and efficient call to emergency services if necessary. ● Understand the concepts of basic first-aid, for example dealing with common injuries, including head injuries. 		
Term	Year 6	Key Skills to be taught	
Summer 1 2022 What the children should know at the end of this series of lessons		<ul style="list-style-type: none"> ● Explain what the five ways to wellbeing are; ● Describe how the five ways to wellbeing contribute to a healthy lifestyle, giving examples of how they can be implemented in people's lives. ● Identify risk factors in a given situation; ● Understand and explain the outcomes of risk-taking in a given situation, including emotional risks. ● Recognise what risk is; ● Explain how a risk can be reduced; ● Understand risks related to growing up and explain the need to be aware of these; ● Assess a risk to help keep themselves safe. ● Understand how to make a clear and efficient call to emergency services if necessary. ● Understand the concepts of basic first-aid, for example dealing with common injuries, including head injuries. 	

Brough Primary School – Curriculum Intention Plan 2021 - 2022



Vocabulary

wellbeing, connect, be active, take notice (mindful), keep learning (get creative), assessing risk, dilemma, choices, scenario, panic, calm, responsive, unresponsive, emergency.

Sequence of learning	Objectives and suggested details provided by the subject leader.
1	<p>Five Ways to Wellbeing Project</p> <ul style="list-style-type: none"> • Explain what the five ways to wellbeing are; • Describe how the five ways to wellbeing contribute to a healthy lifestyle, giving examples of how they can be implemented in people's lives <p>https://www.coramlifeeducation.org.uk/scarf/lesson-plans/five-ways-to-wellbeing-project</p>
2	<p>What's the risk (1)</p> <ul style="list-style-type: none"> • Identify risk factors in a given situation; • Understand and explain the outcomes of risk-taking in a given situation, including emotional risks. <p>https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-the-risk-1</p>
3	<p>What's the risk (2)</p> <ul style="list-style-type: none"> • Recognise what risk is; • Explain how a risk can be reduced; • Understand risks related to growing up and explain the need to be aware of these; • Assess a risk to help keep themselves safe. <p>https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-the-risk-2-1</p>
4	<p>Basic First Aid, including sepsis awareness.</p> <ul style="list-style-type: none"> • How to make a clear and efficient call to emergency services if necessary. • Concepts of basic first-aid, for example dealing with common injuries, including head injuries. <p>https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-5</p>

Learning Outcome/product

I can give examples of an emotional risk and a physical risk.

Assessment records

List only those children who have not achieved the expected outcomes.

Brough Primary School – Curriculum Intention Plan 2021 - 2022



--	--

Assessment records	List only those children who have exceeded the expected outcomes.

End of unit assessment question
End of Unit Assessment Children can complete this activity into their books. Ask the children to have a think, then write their ideas about the following: <ol style="list-style-type: none">1. I can give examples of an emotional risk and a physical risk.2. I can tell you about the things I (and others) can do to reduce or remove risk in different situations.