

Subject: Science Year Group: Year 3/4			Area of learning: Animals including Humans – nutrition, skeleton and
			muscles
Links to previous work/Remember when	The children who are now in Year 4 learnt about the digestive system in humans last year, including how we digest food. They also learnt about the different types of teeth and their simple functions. They also spent time learning about food chains and the relationships between producers, predators and prey.		
	The children in Year 3 spent time learning about common animals that would be found in the local environment, the basic parts of the human body, their senses and what the basic needs of all animals are for survival. They also spent time looking t the importance of exercise and nutrition for plants.		
	In the pre things in group, ide environm living thir	evious unit in the au a variety of ways an entify and name a v ients can change an igs.	Itumn term, all children grouped living nd explored classification keys, to help variety of living things. They recognised that nd that this can sometimes pose dangers to
	This knov ensure cl	wledge should be re hildren can recall pı	eviewed before starting the new learning to rior learning/vocabulary.
	Working	<u>Scientifically</u>	
	In the las asking qu and caref ways anc with scier	t unit of work in the Jestions, setting up ful observations. Th d were given opport ntific ideas and prod	autumn term, children had experience of simple enquiries and making systematic ney recorded their findings in a variety of sunity to identify differences and similarities cesses.
Term	Year 3/4	Key Skills to be t	taught
Spring 2023 What the children should know at the end of this series of lessons		 identify that an types and among their own food identify that hus skeletons and movement. 	nimals, including humans, need the right ount of nutrition, and that they cannot make I; they get nutrition from what they eat umans and some other animals have muscles for support, protection and
		 Working Scier asking releval scientific enq setting up sin fair tests making syste appropriate, to standard unit thermometer; 	ntifically ant questions and using different types of uiries to answer them nple practical enquiries, comparative and matic and careful observations and, where taking accurate measurements using s, using a range of equipment, including s and data loggers



 gathering, recording, classifying and presenting data in a variety of ways to help in answering questions recording findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables reporting on findings from enquiries, including oral and written explanations, displays or presentations of results and conclusions using results to draw simple conclusions, make predictions for new values, suggest improvements and raise further questions identifying differences, similarities or changes related to simple scientific ideas and processes using straightforward scientific evidence to answer questions or to support their findings. 	
	 gathering, recording, classifying and presenting data in a variety of ways to help in answering questions recording findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables reporting on findings from enquiries, including oral and written explanations, displays or presentations of results and conclusions using results to draw simple conclusions, make predictions for new values, suggest improvements and raise further questions identifying differences, similarities or changes related to simple scientific ideas and processes using straightforward scientific evidence to answer questions or to support their findings.

Vocabulary

Herbivore, carnivore, omnivore, nutrition, diet, food chain, data, table, bar chart, carbohydrates, proteins, dairy, fats, sugars, vitamins, minerals, fibre, growth, repair, health, energy, vertebrate, invertebrate, bone, skeleton, skull, ribcage, pelvis, femur, muscles, joints, tendons, contract, relax, biceps, triceps, data, scattergram.

Sequence of	Objectives and suggested details provided by subject leader.
learning	
learning 1	 i) Identify that animals, including humans, need the right types and amount of nutrition and that they cannot make their own food. They get nutrition from what they eat. ii). Gather, record, classify and present data in a variety of ways to help answer questions. iii). Record findings using simple scientific language, bar charts and tables. Understand that animals (including humans) can be grouped according to what they eat. Answer questions on diet by extracting data from a food survey and displaying it in tables and bar charts. Look for patterns and trends in the data and use this to ask further questions. Use survey data to answer questions and display it in the form of tables and bar charts. Look for trends and patterns in the data. Activities Play an active game to reinforce vocabulary and understanding of animal feeding categories. Review data from a food survey to answer a question on either sugar intake or 5 a day portions.
	patterns and trends.



	 Year 3 - Count how many portions of fruit and vegetables their client has each day. Draw a bar graph. Year 4 - Calculate number of spoonsful of sugar are consumed each day and draw a graph with a suitable scale. Weblinks
	Film clips on Animal diets and Food Chains (useful revision) from www.bbc.co.uk
2	 i). Identify that animals, including humans, need the right types and amount of nutrition and that they cannot make their own food. They get nutrition from what they eat. ii). Gather, record, classify and present data in a variety of ways to help answer questions. iii). Use results to draw simple conclusions, make predictions for new values, suggest improvements and raise further questions.
	 Classify different foods according to their group (e.g. carbohydrates, proteins, dairy and fats). Know the nutritional properties of each food group and the
	 importance of limiting fats and sugars. Use knowledge of nutrition and the Eatwell plate to design a balanced meal for a client. Model the meal to display on a paper plate selecting appropriate materials and techniques.
	 Activities Create a collage of an Eatwell Plate in groups by sorting foods into categories. Create a model of a balanced meal for a paper plate. Use knowledge of nutrition to either make food labels or complete a sheet of health advice. Year 3 - Work together with the year 4s to create model balanced meals. Year 4 - Help create the model meals and write labels for each food
	group to explain its role in the body. Weblinks Brief film clip introducing some of the 5 different food groups from www.bbc.co.uk
3	 i) Identify that humans and some other animals have skeletons and muscles for support, protection and movement. iii). Identify differences, similarities or changes related to simple scientific ideas and processes.
	 Understand that not all animals have an internal skeleton and that the presence of this is an important feature in classifying them. Know that a skeleton is needed for support, protection and movement.
	 Learn and communicate knowledge of the skeleton through the construction of a string puppet with moving joints. Activities

Г



	 Play themed games to learn associated knowledge and vocabulary (Yr3 &4). Make a skeleton string puppet that has moving joints (Yr3 &4). Reinforce knowledge by naming bones on the puppets (Yr3) or writing an explanatory script (Yr4). Puppeteer a skeleton dance (Yr3 &4).
	Weblinks <u>Film on human skeleton with skeletons of other animals shown</u> from www.bbc.co.uk Film clip on invertebrate with exected tons from www.bbc.co.uk
4	 i) Identify that humans and some other animals have skeletons and muscles for support, protection and movement ii). Gather, record, classify and present data in a variety of ways to help in answering questions. iii). Use straightforward scientific evidence to answer questions or to support their findings-pattern seeking enquiry.
	 Understand how muscles work in pairs to allow movement and maintain posture. Investigate whether people who do more sport have stronger muscles. Make decisions on what data to collect and how to tabulate it. Interpret data using a scattergram. Know the diaphragm is used in breathing and the lungs transfer oxygen to the blood. Know that muscles need more oxygen to work hard and this affects breathing rate.
	 Activities Investigate how muscles work in pairs (biceps & triceps) using a bottle of water as a weight (Yr3&4). Collect data to investigate the link between leg muscle strength and either the type of regular exercise (Yr 3) or the amount of regular exercise (Yr 4). With guidance display data as a scattergram and use it to look for a pattern in the data (Yr3&4).
5	Weblinks <u>Film clip showing how muscles work in pairs</u> from www.bbc.co.uk
5	 Complete the quiz assessment individually if that is deemed the best way of assessing the children's understanding. Complete the quiz as a pair or small group to allow for discussion and shared thinking, if that is deemed the best way to assess knowledge. Complete the quiz as a whole class prior to undertaking the next task.



 Using diagrams to help explain, reflect on their own life and suggest improvements that could be made to improve their health and fitness.
Power Points for the quiz are on Google Drive.

Learning Outcome/product

Children will use the knowledge gained to help them answer the quiz assessment, thus demonstrating their knowledge in relation to nutrition, the skeleton and how joints in humans work.

Assessment records	List only those children who have not achieved the expected outcomes.

Assessment records	List only those children who have exceeded the expected outcomes.

End of unit assessment question

E.g. What are the basic requirements of the human to keep it healthy, in terms of nutrition and exercise?