

# Brough Primary School – Curriculum Intention Plan 2022 - 2023



Subject: PSHE/RSE Year Group: Year 1/2		Area of learning: Growing and Changing
Links to previous work/ Remember when	<ul style="list-style-type: none"> <li>• Demonstrate simple ways of giving positive feedback to others.</li> <li>• Recognise the range of feelings that are associated with losing (and being reunited) with a person they are close to.</li> <li>• Identify different stages of growth (e.g. baby, toddler, child, teenager, adult);</li> <li>• Understand and describe some of the things that people are capable of at these different stages.</li> <li>• Identify which parts of the human body are private;</li> <li>• Understand that humans mostly have the same body parts but that they can look different from person to person.</li> <li>• Explain what privacy means;</li> <li>• Know that you are not allowed to touch someone's private belongings without their permission;</li> <li>• Give examples of different types of private information.</li> </ul>	
Term	Year 1/2	Key Skills to be taught
<b>Summer 2 2023</b>  What the children should know at the end of this series of lessons	<ul style="list-style-type: none"> <li>• Understand that the body gets energy from food, water and air (oxygen);</li> <li>• Recognise that exercise and sleep are important parts of a healthy lifestyle.</li> <li>• Identify things they could do as a baby, a toddler and can do now;</li> <li>• Identify the people who help/helped them at those different stages.</li> <li>• Explain the difference between teasing and bullying;</li> <li>• Give examples of what they can do if they experience or witness bullying;</li> <li>• Say who they could get help from in a bullying situation.</li> <li>• Explain the difference between a secret and a nice surprise;</li> <li>• Identify situations as being secrets or surprises;</li> <li>• Identify who they can talk to if they feel uncomfortable about any secret they are told, or told to keep.</li> <li>• Identify parts of the body that are private;</li> <li>• Describe ways in which private parts can be kept private;</li> <li>• Identify people they can talk to about their private parts.</li> </ul>	

## Vocabulary

energy, change, food, growing, water, size, air, oxygen, exercise, healthy, unkind, surprise, secret, teasing, uncomfortable, privates, bullying, hygiene.  
My body is mine (body autonomy).

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## Plan 2022 - 2023



Sequence of learning	Objectives and suggested details provided by the subject leader.
1	<p>Healthy Me</p> <ul style="list-style-type: none"> <li>Understand that the body gets energy from food, water and air (oxygen);</li> <li>Recognise that exercise and sleep are important parts of a healthy lifestyle.</li> </ul> <p><a href="https://www.coramlifeeducation.org.uk/scarf/lesson-plans/healthy-me">https://www.coramlifeeducation.org.uk/scarf/lesson-plans/healthy-me</a></p>
2	<p>Then and now</p> <ul style="list-style-type: none"> <li>Identify things they could do as a baby, a toddler and can do now;</li> <li>Identify the people who help/helped them at those different stages.</li> </ul> <p><a href="https://www.coramlifeeducation.org.uk/scarf/lesson-plans/then-and-now">https://www.coramlifeeducation.org.uk/scarf/lesson-plans/then-and-now</a></p>
3	<p>Who can help?</p> <ul style="list-style-type: none"> <li>Explain the difference between teasing and bullying;</li> <li>Give examples of what they can do if they experience or witness bullying;</li> <li>Say who they could get help from in a bullying situation.</li> </ul> <p><a href="https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-can-help-2">https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-can-help-2</a></p>
4	<p>Surprises and secrets</p> <ul style="list-style-type: none"> <li>Explain the difference between a secret and a nice surprise;</li> <li>Identify situations as being secrets or surprises;</li> <li>Identify who they can talk to if they feel uncomfortable about any secret they are told, or told to keep.</li> </ul> <p><a href="https://www.coramlifeeducation.org.uk/scarf/lesson-plans/surprises-and-secrets">https://www.coramlifeeducation.org.uk/scarf/lesson-plans/surprises-and-secrets</a></p>
5	<p>Keeping privates private</p> <ul style="list-style-type: none"> <li>Identify parts of the body that are private;</li> <li>Describe ways in which private parts can be kept private;</li> <li>Identify people they can talk to about their private parts.</li> </ul> <p><a href="https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-privates-private">https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-privates-private</a></p>
6	End of Unit assessment

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Learning Outcome/product
<p>I can identify an adult I can talk to at both home and school, if I need help.</p> <p>I can tell you some things I can do now that I couldn't do when I was a toddler.</p> <p>I can tell you what some of my body parts do.</p>

Assessment records	List only those children who have not achieved the expected outcomes.

Assessment records	List only those children who have exceeded the expected outcomes.

End of unit assessment question
<p>Who are the people that you can talk to at home if you need help? Who are the people you can talk to at school if you need help?</p>