

Subject: PSHE/F	RSE Year Group: Year 3/4 Area of learning: Growing and Changing
Links to previous	Demonstrate simple ways of giving positive feedback to others.
work/Remember when	• Recognise the range of feelings that are associated with losing (and being
	reunited) with a person they are close to.
	 Identify different stages of growth (e.g. baby, toddler, child, teenager,
	adult);
	 Understand and describe some of the things that people are capable of at
	these different stages.
	 Identify which parts of the human body are private;
	 Understand that humans mostly have the same body parts but that they
	can look different from person to person.
	 Explain what privacy means; Know that you are not allowed to touch company's private helengings
	 Know that you are not allowed to touch someone's private belongings without their permission;
	 Give examples of different types of private information.
	 Identify how inappropriate touch can make someone feel;
	 Understand that there are unsafe secrets and secrets that are nice
	surprises;
	 Explain that if someone is being touched in a way that they don't like they
	have to tell someone in their safety network so they can help it stop.
Term	Year 3/4 -Key Skills to be taught
Summer 2	 Identify different types of relationships;
2023	 Recognise who they have positive healthy relationships with.
	 Understand what is meant by the term body space (or personal space);
	Identify when it is appropriate or inappropriate to allow someone into their
	body space;
	Rehearse strategies for when someone is inappropriately in their body
	 Rehearse strategies for when someone is inappropriately in their body space.
	space.
	space.Know that our body can often give us a sign when something doesn't feel
	 space. Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens;
	 space. Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens; Recognise and describe appropriate behaviour online as well as offline;
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	 space. Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens; Recognise and describe appropriate behaviour online as well as offline; Identify what constitutes personal information and when it is not appropriate or safe to share this; Understand and explain how to get help in a situation where requests for images or information of themselves or others occurs. Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret;
	 space. Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens; Recognise and describe appropriate behaviour online as well as offline; Identify what constitutes personal information and when it is not appropriate or safe to share this; Understand and explain how to get help in a situation where requests for images or information of themselves or others occurs. Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret; Recognise how different surprises and secrets might make them feel;
	 space. Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens; Recognise and describe appropriate behaviour online as well as offline; Identify what constitutes personal information and when it is not appropriate or safe to share this; Understand and explain how to get help in a situation where requests for images or information of themselves or others occurs. Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret; Recognise how different surprises and secrets might make them feel; Know who they could ask for help if a secret made them feel
	 space. Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens; Recognise and describe appropriate behaviour online as well as offline; Identify what constitutes personal information and when it is not appropriate or safe to share this; Understand and explain how to get help in a situation where requests for images or information of themselves or others occurs. Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret; Recognise how different surprises and secrets might make them feel;



• Concepts of basic first-aid, for example dealing with common injuries, including head injuries.

Vocabulary

relationships, positive, healthy, trust, caring, personal space, respect, touch, uncomfortable, jealous, worried, excited, scared, angry, upset, private, surprise, secret, first aid, hazard, accident, danger.

Sequence of	Objectives and suggested details provided by the subject leader.
learning	
1	Relationship tree
	 Identify different types of relationships; Decognize who they have positive backthy relationships with
	 Recognise who they have positive healthy relationships with.
	https://www.coramlifeeducation.org.uk/scarf/lesson-plans/relationship- tree
2	Body space
	 Understand what is meant by the term body space (or personal space);
	 Identify when it is appropriate or inappropriate to allow someone into their body space;
	 Rehearse strategies for when someone is inappropriately in their body space.
	https://www.coramlifeeducation.org.uk/scarf/lesson-plans/body-space
3	None of your business!
	 Know that our body can often give us a sign when something doesn't feel right; to trust these signs and talk to a trusted adult if this happens;
	 Recognise and describe appropriate behaviour online as well as offline;
	 Identify what constitutes personal information and when it is not appropriate or safe to share this;
	 Understand and explain how to get help in a situation where requests for images or information of themselves or others occurs.



	https://www.coramlifeeducation.org.uk/scarf/lesson-plans/none-of-your- business
4	Secret or surprise?
	 Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret; Recognise how different surprises and secrets might make them feel;
	 Know who they could ask for help if a secret made them feel uncomfortable or unsafe.
	https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or- surprise-2
5	Basic first aid
	 How to make a clear and efficient call to emergency services if necessary.
	 Concepts of basic first-aid, for example dealing with common injuries, including head injuries.
	https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first- aid-2

Learning Outcome/product

I can name a few things that make a positive relationship and some things that make a negative relationship.

I can tell you what 'body space' is and when it might be OK to go into someone's body space and when they can go into mine.

Assessment records	List only those children who have not achieved the expected outcomes.

Assessment records	List only those children who have exceeded the expected outcomes.

End of unit assessment questions



Can you name a few things that make a positive relationship and some things that make a negative relationship?

Can you identify how to be assertive when someone is in your personal space by asking them to leave if you feel uncomfortable?