

# Brough Primary School – Curriculum Intention Plan 2023 - 2024



<b>Subject: PE</b> <b>Year Group: 3/4</b>		<b>Area of learning: Tag Rugby (Year B)</b>
Links to previous work/Remember when	<ul style="list-style-type: none"> <li>Skills taught in previous years - throwing and catching in particular as well as holding a rugby ball.</li> </ul>	
<b>Term</b>	<b>Key Skills to be taught</b>	
<b>Autumn 2 2023</b>  What the children should know at the end of this series of lessons	<ul style="list-style-type: none"> <li>To be able to apply the skills developed of holding the ball within a faster and competitive game.</li> <li>To be able to successfully understand and demonstrate passing a rugby ball and an effective catch.</li> <li>To be able to understand and listen to key instructions and apply teamwork and communication.</li> <li>To effectively use positive communication, leadership skills and teamworking skills to evade and eliminate team members.</li> </ul>	

## Vocabulary

Pocket Pass; Underarm technique; Target; Communication; Movement; Teamwork; Evasion; Tactics; Reactions.

Sequence of learning	Learning Objectives/Outcomes	suggested Lesson Outline
1	<b>Learning Objective:</b> To understand the correct technique of holding a rugby ball. To apply and practise holding a rugby ball and travelling effectively with a rugby ball.  <b>Key Knowledge:</b> Spread out your fingers and use your fingertips to grip the rugby ball. Create a cage-like structure from which the ball cannot escape. Avoid touching the ball	<b>Recap</b> – What can we remember about throwing and catching from last year? Can anybody tell us how to hold a rugby ball?  Learn and understand the correct techniques to holding a rugby ball. Play various carrying and holding a rugby ball relay races. Finish the lesson by playing the game 'Rob the nest'.

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	with the palms of your hands.	
2	<p><b>Learning Objective:</b> To understand the correct technique of passing a rugby ball. To apply an effective catching technique when receiving a ball from someone.</p> <p><b>Key Knowledge:</b> Ball passed from the hip and should travel across the body in an under-arm motion towards their team member and target.</p>	<p><b>Recap</b> – What is the correct way to hold a rugby ball? Who can demonstrate?</p> <p>Main skills for this session are to understand and apply the correct techniques to passing and receiving a rugby ball, detailing special awareness and teamwork skills effectively. Play passing and receiving a rugby ball games with the aim being to get the ball to the end of the line to finish. Finish the lesson by splitting the class into 4 teams and playing Rugby Netball.</p>
3	<p><b>Learning Objective:</b> To improve evasion techniques and understand why evasion is required in tag rugby. To apply defending techniques to gather a tag when stopping an attacker from scoring.</p> <p><b>Key Knowledge:</b> Effective evasion tactics: side-step, spin, deception, throwing a dummy, etc.</p>	<p><b>Recap</b> - Who can explain and demonstrate how the rugby ball should be passed effectively?</p> <p>The main skill for the session is to learn, understand and apply effective evasion techniques against a defender and understand why evasion is required. Play 'Evasion and Ball Control' activity. Depending on abilities, move into two teams and a bigger area for a more competitive scenario and improvements with faster movements.</p>
4	<p><b>Learning Objective:</b> To understand what a 'play the ball' is in Tag Rugby. To apply and practise an effective 'play the ball'.</p> <p><b>Key Knowledge:</b> Play the ball - Stand up and kick or heel the ball behind him or her to a team-mate in order to continue play.</p>	<p><b>Recap</b> - What different evasion tactics did we work on in the previous lesson? Can anyone demonstrate them?</p> <p>The main skill for this session is to learn, understand and practise an effective play the ball, with a clear understanding of how and when a play they play is used in tag rugby. Play 'Play the ball and ball control' activity followed by 'Play the Ball Tig'. Four catchers are chosen, who will hold a rugby ball. Their job is to tig a player who is trying to evade them. If they successfully tig a player, the player with the ball must 'play the ball' to them and they will become a</p>

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		tagger and the other player who has played the ball will become a runner and evader.
5	<p><b>Learning Objective:</b> To improve overall team working skills and why this is effective for tag rugby. To understand why exercise is good for fitness/health/ wellbeing.</p> <p><b>Key Knowledge:</b> Knowledge of how working as a team and using effective communication can help win games.</p>	<p><b>ASSESSMENT LESSON</b> <b>Recap</b> - How do we play the ball effectively in a game of tag rugby? Who can demonstrate an effective pass of the rugby ball? Can anyone suggest ways in which to evade an opponent?</p> <p>The main skill for the session is to understand and highlight the use of effective team working and communication. Play 'Elimination Team Tag'. The aim of the game is to work effectively as a team and eliminate the other team members and teams, trying to survive in the game, as well as collect colour tags for points. Teams can effectively use teamwork to sacrifice a tag for a player to help and come back into the game. Pupils are encouraged to work together and communication to tactically eliminate other teams. To challenge, teams can only have one tag per person, or a leader or leaver can be added, who will only be allowed to leave the group. Tags can be taken back from other boxes too, to help restore lives.</p>

### Learning Outcome/product

Children use positive communication, leadership skills and team working skills effectively in order to evade and eliminate team members.

Assessment records	List only those children who have not achieved the expected outcomes.